

Campolindo High School

COUGAR TRACK & FIELD

2014 Personal Records

100m
 As. Bernardo 14 12.93
 An. Bernardo 14 14.04
 Hyatt 14 14.23
 Chiang 14 14.27
 Protzen 12 14.38
 Wong 14 14.73
 Seto 14 15.03
 Sabey 14 15.03
 Dewey 13 16.09
 Ly 14 16.70

100m
 H. Hughes 13 11:32
 J. Hughes 14 11.63
 Lothamer 13 11.89
 Vince 13 12.30
 Fleming 14 12.31
 HarlandDunaway 12 12.57
 Amsden 14 12.58
 Weyland 14 13.23
 Lobzakov 12 13.30
 T. Capurro 14 13.43
 Y. Kim 13 13.54
 Farne 14 13.38
 Yanaga 11 13.92
 Shurtz 12 14.28
 A. Kim 14 14.93

200m
 Chiang 14 27.80
 Williams 14 28.20
 Cella 14 28.43
 Hyatt 14 28.79
 Strausser 14 28.80
 Dewey 14 28.97
 An. Bernardo 14 29.53
 Ly 14 34.59
 Ramer 14 34.83

200m
 H. Hughes 13 22.99
 J. Hughes 14 23.43
 Lothamer 14 23.63
 Moore 14 24.33
 Fleming 14 25.0
 Amsden 14 25.41
 Vince 13 25.51
 Pfaff 14 26.43
 Farne 14 26.86
 Landry 14 28.02
 Yanaga 11 28.65
 T. Capurro 14 29.53
 Heutmaker 13 30.75

400m
 Hyatt 14 62.08
 Leach 13 63.03
 Arnsald 14 63.28
 Chiang 14 65.27
 Sun 13 65.47
 Mar. Brown 14 65.52
 Williams 14 66.19
 Dewey 14 66.65
 Johnson 12 67.01
 Strausser 14 67.80
 Powell 13 67.93

Ishida 13 68.93
 Cella 13 68.95
 Sabey 13 69.50
 Ryles 12 70.70
 Seto 13 72.36
 McCullough 14 73.03
 Ramer 14 75.26
 Ly 14 76.91

400m
 Moore 14 51.31
 J. Hughes 14 51.81
 Lothamer 13 52.81
 H. Hughes 14 52.79
 Movahedi 14 55.26
 Amsden 14 55.41
 Vince 14 56.40
 HarlandDunaway 14 56.53
 Yanaga 14 58.13
 Takata 12 58.47
 Fleming 14 59.40
 Weinberg 13 59.46
 Sauerberg 13 60.48
 Moran 13 61.34
 K. Buckley 13 61.54
 Shurtz 13 61.70
 Landry 14 61.74
 Farne 14 61.88
 Heutmaker 14 61.94
 O. Boozarpour 13 62.04
 Parhar 14 62.90
 T. Capurro 14 65.88
 Lee 14 66.28

400m Split
 Hyatt 14 62.0
 Cella 14 62.4
 Arnsald 14 62.5
 Leach 13 62.7
 Sun 14 64.2
 H. Shipway 11 64.9
 Orders 12 64.9
 Chiang 14 65.2
 Mar. Brown 14 65.4
 As. Bernardo 12 66.5
 Johnson 12 66.9
 Powell 14 67.2
 Dewey 14 67.9
 Bernardo 14 68.7
 Strausser 14 69.2
 Ishida 13 69.6
 Settle 14 71.7
 Ryles 12 71.8
 S. Shipway 14 71.8
 Wong 14 71.8
 Sabey 13 72.6
 Protzen 12 74.3
 Lee 14 74.5
 McCaffery 14 74.8
 Hancock 14 78.8
 Ly 14 88.2

400m Split
 Hoffman 13 48.9
 H. Hughes 13 50.5
 Lothamer 14 51.3
 J. Hughes 14 51.9

Moore 14 51.9
 HarlandDunaway 14 53.2
 Amsden 14 54.5
 Yanaga 14 54.6
 Takata 12 55.6
 Movahedi 14 55.8
 Pfaff 14 57.0
 Gong 14 57.1
 Goltra 13 57.2
 Vince 13 57.4
 C. Garvey 14 57.5
 Heutmaker 14 57.8
 Gustafson 14 58.2
 Gilbert 14 58.6
 Semenza 14 59.7
 Sauerberg 14 59.8
 A. Lin 14 59.9
 Weinberg 13 60.0
 Fleming 14 60.0
 O. Boozarpour 14 60.7
 Moran 14 60.7
 Weyland 14 61.0
 Socher 14 61.1
 Haresco 14 61.3
 Pappa 14 61.4
 Y. Kim 14 61.7
 Landry 14 61.8
 K. Buckley 13 61.9
 J. Lin 14 62.0
 Steingrube 14 62.0
 A. Kim 14 62.9
 Baliwig 14 63.6
 Lobzakov 12 63.7
 Nelson 14 63.8
 Farne 14 64.1
 E. Kim 14 64.4
 Flett 14 64.5
 N. Boozarpour 14 64.9
 Lee 14 65.3
 T. Capurro 13 66.0
 Strong 14 66.1
 Shurtz 12 66.9
 McCauliffe 14 68.7
 Diaz 14 69.0
 Bishop 14 69.0
 Parhar 14 69.2
 Rowland 12 70.9
 W. Buckley 13 78.0

400m Relay
 Chiang-Hyatt-Protzen-Strausser 14 53.10
 Williams-Chiang-An. Bernardo-Protzen 14 54.26
 Chiang-Hyatt-Brown-Strausser 14 54.47
 An. Bernardo-Lee-Dewey-Wong 14 55.44
 As. Bernardo-Lee-Strauser-Dewey 14 55.83
 Lee-Arnsworth-Dewey-Wong 14 55.83

Chiang-Seto-Protzen-Ramer 14 57.23

400m Relay
 Lothamer-H. Hughes-Moore-J. Hughes 14 43.68
 Lothamer-J. Hughes-Moore-H. Hughes 14 44.79
 J. Hughes-A. Capurro-Yanaga-Movahedi 14 47.83
 H. Hughes-Weyland-HarlandDunaway-Amsden 14 47.83
 Amsden-Fleming-Weyland-Landry 14 49.30
 Farne-Fleming-Weyland-Landry 14 49.69

1600m Relay
 Hyatt-Cella-Arnsald-Chiang 14 4:11.65
 Cella-Arnsald-Hyatt-Mar. Brown 14 4:14.02
 Arnsald-Cella-Leach-Sun 14 4:14.18
 Cella-Mar. Brown-Chiang-Strausser 14 4:23.70
 Dewey-Wong-Bernardo-Ishida 14 4:38.02
 Chiang-Cella-Dewey-Powell 13 4:40.31
 Arnsworth-Powell-Wong-S. Shipway 14 4:41.11
 Dewey-Ishida-Settle-Hancock 14 4:51.41
 Powell-S. Shipway-Settle-McCaffery 14 4:52.43

1600 Relay
 Lothamer-Moore-J. Hughes-H. Hughes 14 3:24.93
 Lothamer-Moore-J. Hughes-HarlandDunaway 14 3:28.61
 Moore-Lothamer-H. Hughes-HarlandDunaway 14 3:29.31
 Moore-J. Hughes-HarlandDunaway-Amsden 14 3:33.42

Moore-HarlandDunaway-Amsden-Yanaga 14 3:38.23
 Lothamer-H. Hughes-Takata-HarlandDunaway 12 3:42.96
 Amsden-Movahedi-Gong-Heutmaker 14 3:48.26
 Amsden-Movahedi-Pfaff-Fleming 14 3:49.22
 Movahedi-Gong-Socher-Heutmaker 14 3:56.41
 J. Hughes-K. Buckley-Semenza-O. Boozarpour 14 3:57.5
 Amsden-Movahedi-Gong-Weyland 14 3:59.27
 Movahedi-Gong-Weyland-Landry 14 3:59.92

800m
 Cella 14 2:16.64
 Leach 14 2:17.40
 Orders 14 2:22.08
 Johnson 12 2:24.93
 H. Shipway 11 2:26.03
 Sun 14 2:29.13
 Powell 14 2:33.47
 Mar. Brown 14 2:35.84
 Arnsald 14 2:36.12
 Ishida 13 2:38.80
 Settle 14 2:40.77
 Wong 14 2:41.53
 Chiang 12 2:41.99
 As. Bernardo 14 2:42.10
 Hyatt 14 2:43.14
 S. Shipway 14 2:43.72
 An. Bernardo 14 2:44.33
 Protzen 12 2:44.59
 Stausser 14 2:44.89
 McCullough 14 2:45.25
 Williams 14 2:47.04
 Lee 14 2:48.75
 Ryles 13 2:51.91
 Sabey 14 2:53.70
 McCaffery 14 2:54.70
 Dewey 13 2:55.66
 Seto 14 2:57.29
 Ly 14 3:00.58
 Hancock 14 3:05.45

800m
 Lothamer 14 1:58.86
 Goltra 13 2:02.64
 Brennan 14 2:03.38
 Sauerberg 14 2:07.21
 Moore 14 2:07.34
 Weinberg 13 2:11.94
 Takata 12 2:12.46
 Gong 14 2:12.68
 H. Hughes 13 2:12.97
 J. Hughes 14 2:13.84

Moran 14 2:14.03
Yanaga 13 2:14.32
K. Buckley 14 2:14.73
Pappa 14 2:14.82
HarlandDunaway 14 2:15.05
Gustafson 14 2:16.15
Semenza 14 2:16.47
O. Boozarpour 14 2:16.63
Gilbert 14 2:20.55
Flett 14 2:21.35
J. Lin 14 2:22.87
Movahedi 14 2:22.90
A. Capurro 14 2:23.51
Fleming 14 2:23.64
Amsden 13 2:24.27
Haresco 14 2:25.18
Heutmaker 14 2:25.12
Diaz 14 2:25.23
A. Lin 14 2:26.70
C. Garvey 13 2:27.08
Vince 13 2:27.16
Baliwag 14 2:27.56
Sun 14 2:28.73
Socher 14 2:28.82
Lee 14 2:29.09
Landry 14 2:29.97
Steingrube 14 2:29.98
Strong 14 2:30.76
E. Kim 14 2:31.25
McAuliffe 14 2:31.62
Bishop 14 2:31.91
N. Boozarpour 14 2:33.71
A. Kim 14 2:35.04
W. Buckley 14 2:36.72
Y. Kim 13 2:37.35
Shurtz 12 2:38.97
Farne 14 2:40.88
Parhar 14 2:43.44
T. Capurro 13 2:43.52
S. Garvey 14 3:07.93

800m Split

Johnson 12 2:23.4
Sun 14 2:25.5
Orders 14 2:27.1
H. Shipway 11 2:28.3
Cella 14 2:28.6
Leach 12 2:30.7
Powell 14 2:31.5
Ishida 14 2:35.7
Chiang 12 2:39.9
S. Shipway 14 2:40.1
As. Bernardo 12 2:41.1
Dewey 13 2:52.7

800m Split

Goltra 13 2:01.4
Lothamer 14 2:01.8
Moore 14 2:03.0
Moran 14 2:06.8
Sauerberg 14 2:06.9
Takata 12 2:09.4
Weinberg 13 2:10.5
Gong 14 2:11.9
J. Hughes 14 2:12.0
K. Buckley 14 2:12.7
O. Boozarpour 13 2:20.7
Pappa 13 2:26.0
Semenza 13 2:29.6
W. Buckley 13 2:50.4

1200m Split

M. Orders 14 3:46.2

1200m Split

Aidan Goltra 14 3:09.6

1600m

Leach 13 4:54.27
Johnson 12 5:10.09
Sun 14 5:10.78
Orders 12 5:14.95
H. Shipway 11 5:18.98

Cella 14 5:20.98
Powell 14 5:35.94
S. Shipway 14 5:49.71
Ishida 14 5:55.52
Settle 14 5:56.84
McCullough 14 6:17.70
Timmons 14 6:18.53

1600m

Goltra 14 4:18.12
Brennan 14 4:33.22
Sauerberg 14 4:40.67
K. Buckley 14 4:41.10
Weinberg 14 4:42.23
Moran 13 4:42.47
Semenza 14 4:52.14
O. Boozarpour 12 4:55.28
Valverde-Turner 14 4:56.39
Gilbert 14 4:56.72
Pappa 14 4:56.82
Diaz 14 4:57.60
Baliwag 14 4:58.76
Takata 12 5:02.93
C. Garvey 13 5:04.38
Flett 14 5:04.73
Yanaga 13 5:10.48
Gong 14 5:12.79
Strong 14 5:14.12
A. Lin 14 5:16.19
McAuliffe 14 5:16.82
Steingrube 14 5:17.82
Socher 14 5:20.34
E. Kim 14 5:21.27
N. Boozarpour 14 5:26.64
Heutmaker 14 5:27.68
Bishop 14 5:27.90
J. Lin 14 5:32.21
Sun 14 5:33.97
W. Buckley 14 5:41.08

1600m Split

Leach 14 5:04.2
Orders 14 5:12.5
Johnson 12 5:13.1
Sun 13 5:16.7
Cella 14 5:19.5
H. Shipway 13 5:27.77
Powell 13 5:53.3
S. Shipway 13 6:04.3
McCullough 13 6:55.7

1600m Split

Goltra 13 4:20.9
Brennan 14 4:33.5
Weinberg 14 4:34.4
K. Buckley 14 4:35.5
Sauerberg 14 4:43.4
Moran 13 4:49.8
O. Boozarpour 13 4:59.4
Takata 13 5:03.0
Semenza 13 5:11.7
Pappa 13 5:13.3
Yanaga 12 5:20.4
Steingrube 13 5:41.0
Baliwag 13 5:42.3

3200m

Leach 13 10:41.45
Orders 14 10:58.64
Johnson 12 11:07.13
Sun 13 11:16.24
H. Shipway 13 11:39.15
Powell 14 12:06.95
S. Shipway 14 12:42.64
Settle 14 13:07.90
Timmons 14 13:42.52
McCullough 14 14:00.19

3200m

Goltra 14 9:06.41
Weinberg 14 9:44.79
Moran 14 9:49.97
Sauerberg 14 9:57.72

K. Buckley 14 9:57.91
Semenza 14 10:21.66
Valverde-Turner 14 10:25.96
O. Boozarpour 14 10:32.45
Gilbert 14 10:33.95
Pappa 14 10:39.44
Yabu 14 10:45.17
Diaz 14 10:45.71
C. Garvey 13 10:50.34
Baliwag 14 10:55.08
Takata 14 10:55.33
Flett 14 10:57.26
Yanaga 12 11:13.79
McAuliffe 14 11:19.87
Steingrube 14 11:25.26
N. Boozarpour 14 11:31.09
Socher 14 11:31.52
Strong 14 11:39.61
A. Lin 14 11:41.44
E. Kim 14 11:45.16
Bishop 14 11:52.53
W. Buckley 14 12:00.13
Sun 14 12:09.77
J. Lin 14 12:32.53
Lee 14 13:00.53

100 Hurdles

As. Bernardo 14 16.84
Ryles 14 17.82
Mar. Brown 14 18.06
Protzen 13 19.04
Lee 14 19.99
Hyatt 14 20.00
Arnswald 14 20.36
Sabey 13 20.43
Wong 14 20.86
Ishida 13 20.96
Hancock 14 22.20
Dewey 13 26.28

110 Hurdles

HarlandDunaway 14 15.07
Yanaga 14 18.16
Gustafson 14 19.41
Y. Kim 14 19.97
Movahedi 14 20.43
A. Capurro 14 20.60
Baier 14 20.90
Heutmaker 14 20.92
Landry 14 20.98
Parhar 14 37.27

300 Hurdles

Protzen 13 48.18
Mar. Brown 14 49.01
Arnswald 14 49.54
As. Bernardo 12 51.17
Hyatt 14 52.71
Wong 14 54.87
Ryles 13 55.31
Ishida 13 55.46
Lee 14 55.59
Sabey 13 57.69
An. Bernardo 14 59.93
Hancock 14 61.04
Dewey 13 69.35

300 Hurdles

HarlandDunaway 14 40.11
Yanaga 14 43.45
Pfaff 14 45.63
Movahedi 14 46.23
A. Capurro 14 46.52
Landry 14 48.57
Gustafson 14 48.74
Y. Kim 14 49.73
Heutmaker 14 51.18
Baier 14 53.25
Parhar 14 55.47

Long Jump

As. Bernardo 12 16.0
Williams 14 15.1

Leach 12 14-3.75
Chiang 14 14-7.5
Strausser 14 14-6.25
Mar. Brown 14 13-6
Cella 13 13-5.25
Seto 14 12-8
Protzen 13 12-7.75
Toohey 14 12-1
Lee 14 11-1.5
Ly 14 10-11.25
Ishida 13 10-10
J. Brown 14 10-9
Hancock 14 10-6.5

Long Jump

Lothamer 13 19-3.5
Moore 14 18-6
Vince 14 18-2.25
Pfaff 14 17-10.75
Fleming 14 17-4.5
Weyland 14 17-0.25
HarlandDunaway 12 16-4.75
J. Hughes 13 15-10
Shurtz 13 15-8.75
Amsden 14 15-5.5
Yanaga 12 15-5
Sauerberg 13 15-1.25
Heutmaker 14 14-5.5
Chen 13 15-0
T. Capurro 13 14-10
Lee 14 13-10.5
Farne 14 12-9.25
Y. Kim 13 11-1

Triple Jump

As. Bernardo 14 33-0.75
Leach 12 33-0
Williams 14 31-10
Ryles 14 31-4.75
Strausser 14 30-9
An. Bernardo 14 26-8
Hancock 14 25-9.5
Toohey 14 24-9.5

Triple Jump

Lothamer 14 40-0
HarlandDunaway 14 38-3
Vince 13 37-5
Yanaga 14 33-8
Weyland 14 33-2.25
H. Hughes 11 31-2.5
A. Capurro 14 32-9
T. Capurro 13 32-0.5
Amsden 13 30-3.25
Lee 14 29-7.5
Shurtz 12 28-3.25

High Jump

Arnswald 14 4-10
Ryles 13 4-6
Hyatt 14 4-6
J. Brown 14 4-6
Mar. Brown 14 4-2
Powell 14 4-2
Timmons 14 4-0
Leach 12 3-8
Protzen 12 3-6
Toohey 13 3-6

High Jump

Pfaff 14 6-2
H. Hughes 12 5-10
J. Lin 14 5-7
J. Hughes 13 5-6
HarlandDunaway 11 5-2
C. Garvey 14 5-0
Gong 14 5-0
Sauerberg 13 4-10
Lee 14 4-10
Flett 14 4-6

Pole Vault

Protzen 14 9-6

As. Bernardo 11 7-6
McCaffery 14 7-6
Seto 14 6-6
Sabey 13 6-0
Williams 14 5-6
Dewey 14 5-6

Pole Vault

Katzman 14 11-6
Amsden 14 11-0
Lobzakov 13 10-6
Movahedi 14 10-0
Landry 14 9-0
Y. Kim 14 9-0
Weyland 9-0
A. Capurro 14 8-6

Shot Put 4k

Daum 13 29-9.5
Toohey 13 28-4
Mac. Brown 14 24-2
J. Brown 14 23-6.25
Firstenberg 14 23-2
McCaffery 14 19-4

Shot Put 12lb

Shurtz 13 39-10
Rowland 12 38-8.5
Chen 13 37-11
Haresco 14 34-1
Wong 13 30-11.5
Farne 14 30-2
A. Kim 14 27-1.75
Nelson 14 25-6.75
S. Garvey 14 25-1.75

Shot Put 10lb

Shurtz 14 45-5
Rowland 14 43-6
Chen 14 38-0.75
Matsuda 14 36-9.75
Wong 14 35-1
C. Garvey 14 34-9.5

Discus

Daum 14 103-4
Toohey 14 84-0
J. Brown 14 81-7
Firstenberg 14 80-7
Mac. Brown 14 78-10
McCaffery 14 51-7

Discus

Shurtz 14 148-10
Rowland 14 123-6
Matsuda 14 118-0
C. Garvey 14 116-7
Chen 14 111-6
Wong 14 90-7
Haresco 14 88-1
Farne 14 79-4
S. Garvey 14 70-7
Nelson 14 64-8
A. Kim 14 58-0
Baier 14 55-5